





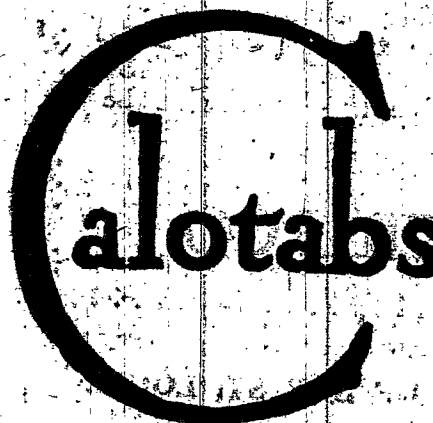
## WOMAN AVOIDS AN OPERATION

Hope Nearly Gone, but Lydia E. Pinkham's Vegetable Compound Saved Her

Star, N. C.—"My monthly spells gave me so much trouble, sometimes they would last two weeks. I was treated by two doctors without relief and they both said I would have to have an operation. I had my trouble for years and was unable to do anything, and had given up all hope of ever getting any better. I read about your medicine in the 'Primitive Baptist' paper and decided to try it. I have used Lydia E. Pinkham's Vegetable Compound, and Lydia E. Pinkham's Liver Pills for about seven months and now I am able to do my work. I shall never forget your medicine and you may publish this if you want to as it is true."—Mrs. J. F. HUBERT, Star, N. C.

Here is another woman who adds her testimony to the many who have already published, proving that Lydia E. Pinkham's Vegetable Compound often restores health to suffering women even after they have gone so far that an operation is deemed advisable. Therefore it will surely pay any woman who suffers from ailments peculiar to her sex to give this good old fashioned remedy a fair trial.

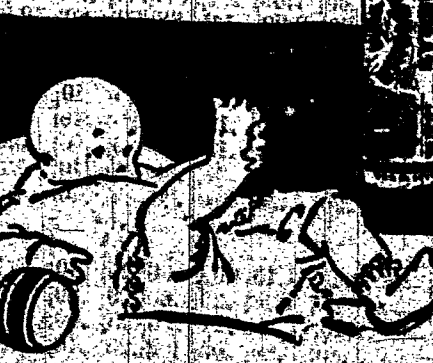
To abort a cold and prevent complications take



The purified and refined calomel tablets that are nauseous, safe and sure. Medicinal virtues retained and improved. Sold only in sealed packages. Price 35c.

Be Sure Baby is Healthy at Teething Time. Keep digestion natural, the bowels open, give sufficient food and

**MRS. WINSLOW'S SYRUP**  
The Infants' and Children's Regulator.  
Then the milk teeth never cause trouble for you or discomfort for baby. Mrs. Winslow's Syrup brings most remarkable results in good health and comfort for the baby. It's pleasant to give and pleasant to take.



As a man grows older, his feet can get plenty cold enough without taking a sleigh ride.

## To Cure a Cold in One Day

Take  
**Grove's Laxative Bromo Quinine**  
tablets  
Be sure its Bromo  
**Q**  
E. H. Brown  
The genuine bears this signature

Skin Treated Bares Skin  
Mothers Rest  
After Cuticura

## DAIRY HINTS

### COW TESTING PAYS FARMERS

Most Excellent Results Reported by Association in Coos County, New Hampshire.

Coos county, N. H., has a very successful cow-testing association. A report from that district regarding the dollars-and-cents value of the association says: "Many times the tester's salary is saved each month."

One farmer in the Coos County association reports a yearly saving of \$525 in the feed bills alone. Another with eight cows claims a net gain of \$250 a year from the work of the association, and a local cattle dealer says that the tests add \$40 per head to the value of good cows.

A farmer near Lancaster offered to sell one of his cows for \$75 before testing her. After the test, however,

she was not for sale, because during the ten months she made \$10 more net profit than his twelve lowest-producing cows combined. These and other figures from the Coos County association show that cow testing may be made to pay big returns. Its educational value is also great.

Cow-testing work is growing rapidly, but it still has room for growth. Less than one per cent of all the dairy cows in the United States have been tested for production. Progressive dairymen say that there should now be at least many times that many cows on test.

### ADVANTAGE OF FALL CALVES

Dairy Products Bring About One-Third More Money in Winter Than in Spring Season.

Several reasons why farmers find it more profitable to raise fall calves are given as follows by Prof. C. Larsen of South Dakota State College:

A cow that freshens in the fall will produce about 20 per cent more milk during the year than one that calves in the spring.

Dairy products bring the farmer about a third more money in winter than in spring.

Winter dairying allows of more and cheaper labor after the field work is done.

Winter dairying avoids flies that cut down the milk flow and bother the milk-fed calves.

Calves dropped in the fall will do well under good winter care and when spring arrives they are ready for pasture, with the other young cattle. Avoid mating too early in the fall.

### BREED UP PROFITABLE HERD

Judicious Selection of Sire and Dam Is Vitally Important—Follow Some System.

In breeding up a dairy herd a judicious selection of both sire and dam is vitally important, and then must be pursued a system of feeding and management suited to the purpose for which the animals are being raised. Many dairymen follow these principles only in part. For instance, there are farms where a comparatively high-priced purebred sire has been purchased, but the owner has paid little or no attention to the possibilities of his cows and the result has naturally been that some of the stock is good and some poor.

### DEVELOPMENT OF BULLS

In these times when the attention of dairy farmers is turned toward building up their herds, and when breeders' associations, the agricultural colleges and breeders are co-operating to encourage the use of better sires, it is only natural that the care and development of young bulls should be given more consideration.

Successful breeders place great stress upon the early care and management of their sires.

### SUPPLY MILK-MAKING FEEDS

Clever and Enslage With Little Bran and Ground Oats and Corn Are Essential.

The cow that thrives what she can get from the pasture in the summer and like a steam that is fed by heavy rains followed by drought—a good milk followed by a long dry spell—when you want to keep the cow in full milk, keep the milk-making feeds coming steadily all the season. For dairy purposes, the milk-making feeds are a little bran and ground oats and corn, and a little molasses.



OVER the horizon everywhere those attractive and sometimes confusing coat-dresses are emerging in a way that promises them a growing vogue. At first it seemed that they were designed to please women who long for slender lines when nature has decreed them plump curves, but the slender women have seized upon the coat dress also, finding it just the thing in which to reveal their fashionable lines. It does much for both types of figure and therefore is being developed into afternoon as well as street models, although its career began in the strictly tailored class.

The model shown at the right of the picture above belongs to the "inner" tailored class and is convincingly becoming to a full figure. It depends upon handsome embroidery on the collar and deep cuffs and about the three-quarter length sleeves to give it a rich flavor and has a narrow double belt of the material fastened with a small buckle at the front. The skirt portion is redeemed from plainness by simulated panels at the sides having round, cloth-covered buttons set in them.

At the left a dressier model appears in a cloth coat, worn over a satin or deeply having satin sleeves. A folded collar of mesh-brocade ribbon and pointed cuffs of the same lift it into the class of afternoon frocks and the skirt at the sides of the skirt portion outlined with fancy braid, gives additional interest. The belt is of the cloth.

The combination of two materials in these coat dresses is worth considering by women who have the remodeling of frocks in mind. Like the tunic dress worn over underskirts in another material, the coat dress tends itself to combinations.

### Rompers for the Tiny Girl



THE forehanded seamstress that keeps her needle busy doing spring sewing in the hearts of winter, is comforted with new styles for the little folks just now. Everything for them may be made up for the coming spring and be out of the way when the time comes to consider things needed by their elders. An early Easter this year will put this time a little forward and thanks to the specialists who make children's clothes, there are plenty of new models in everything that wear and plenty of good patterns to guide the home seamstress in her work. The newer models of rompers are with ruffles and the fashion designers abound with reports and pictures.

Rompers are made in many styles for the little folks. They are made of cotton, silk, or wool, and are often decorated with ruffles, bows, and other trimmings.

## THE NEW MONKEY.

THE NEW MONKEY.

"A monkey had just arrived at the zoo," said Daddy, "who had been a pet of a lady. He had been fairly happy where he had been, but the lady wanted to travel and she thought it would be hard to take the monkey around with her so she gave him to the zoo."

"She had a dog too, named Raggles, who played most of the time and still was fond of chewing an old shoe if he got the chance. Raggles hadn't yet quite gotten over his puppy days. She decided she could take Raggles with her as he would like traveling better, but the monkey wasn't so very strong and she didn't think it would agree with him."

"Besides, on the trip Raggles might meet many other dogs with whom he would become friendly, whereas the monkey wouldn't be apt to meet any of his friends."

"When the monkey came to the zoo all the other monkeys said, 'How do you do,' and made other polite remarks."

"They said they were glad to see him and that they hoped he was glad to see them too."

"And he wrinkled up his face and grinned and gave a little squealing noise and said he was glad to be with them too."

"We hope," they said, "that you will tell us your story and of how you happened to come to the zoo and why you will stay here and if you will stay here and such things."

"I will be glad to," the monkey said. "Do you want to tell us first or do you want to take a little rest now?" they asked.

"I'm not tired," the new monkey said, and so the others urged him to tell his story."

"He told them why he had come to the zoo and that he expected to stay at the zoo for he had been told so. His mistress was going abroad and prob-



### Fad on Ice Cream

ably would live there. And at any rate she would be traveling from place to place and so he left him where he would be comfortable.

"Well," he said, "I used to be fed ice cream at times. I used to take some of it in my hand on the hot days as well as in my mouth."

"And I would eat it then and after that I would rub my back with my hand which was very cool and comfortable from having had the ice cream in it."

"One time we were out in the country visiting and I saw something queer. I've been told since that it was a grasshopper. I thought I would catch it and find out anyway. And I did."

"I am quite proud of myself to think that I had been able to catch it."

"Well," after I had caught it, I thought I would have a good look at it and so I opened my hand very, very slowly. After I did so and my hand was open I found to my great disappointment that the grasshopper had jumped away."

"He hadn't wanted to stay with me and he hopped off just like that."

"But I was so sad to think that I had let him go when I wanted to see what a queer-looking creature he was."

"They told me that my expression was very funny. They said I looked so sad and so surprised that it was most amusing. But I was cross with myself afterward for I thought how stupid I had been not to know that the creature would jump away when I gave him the room."

"Well," the other monkeys said, "we're glad you've come with us and we have an idea that you'll find life with us most interesting than you did where you were, for you don't speak as though you had been so very happy."

"You are loyal, but you don't really talk as though you had been happy."

"Here we can pick the salt of our backs that is in our skin and we shake off the dust and the keeper explains that it is not because we are dirty, but because we are really very neat and clean!"

"He won't let people think anything wrong of us. There he comes now," "Oh, he is so good to us. Hear what he has to say!"

"And they heard the keeper say, 'I must get my children something to drink now,' and one of the monkeys said to the new monkey:

"He means it when he says that!"

Cotton Substitute.  
A substitute for absorbent cotton is obtained from pine cellulose.

What Columbus discovered.  
What did Columbus discover? The teacher of the juvenile

"Columbus," answered the teacher, "discovered the New World."

"Columbus," answered the teacher, "discovered the New World."

## A Feeling of Security

It is a feeling of security when you know that the medicine you are about to take is absolutely pure and contains no harmful or habit-producing drugs.

Such a medicine is Dr. Kilmer's Swamp-Root, kidney, liver and bladder remedy. The same standard of purity, strength and excellence is maintained in every bottle of Swamp-Root.

It is scientifically compounded from vegetable herbs.

It is not a stimulant and is taken in teaspoonful doses.

It is not recommended for everything. It is nature's great helper in relieving and overcoming kidney, liver and bladder troubles.

A sworn statement of purity is with every bottle of Dr. Kilmer's Swamp-Root.

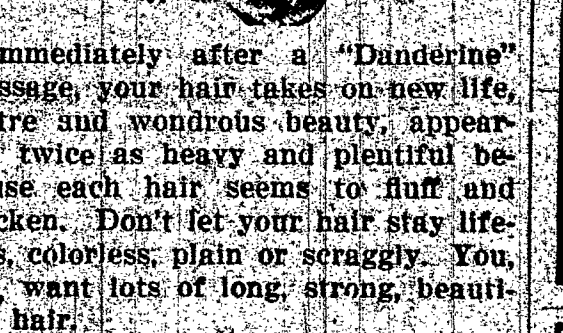
If you need a medicine, you should have the best. On sale at all drug stores in bottles of two sizes, medium and large.

However, if you wish first to try this great preparation, send ten cents to Dr. Kilmer & Co., Binghamton, N. Y., for a sample bottle. When writing be sure and mention this paper—Adv.

Many a college owes its fame to its football team.

## "DANDERINE"

Girls! Save Your Hair! Make It Abundant!



Immediately after a "Danderine" massage, your hair takes on new life, lustre and wondrous beauty, appearing twice as heavy and plentiful because each hair seems to thicken and thicken. Don't let your hair stay lifeless, colorless, plain or scraggly. You, too, want lots of long, strong, beautiful hair.

A 35-cent bottle of delightful "Danderine" freshens your scalp, checks dandruff and falling hair. This stimulating "beauty-cream" gives to thin, dull, fading hair that youthful brightness and abundant thickness—All druggists—Adv.

## Kill That Cold With

**HILL'S CASCARA QUININE**  
FOR Colds, Coughs AND La Grippe.

Neglected Colds are Dangerous

Take no chances. Keep this standard remedy handy for the first sneeze.

Breaks up a cold in 24 hours—Relieves Grippe in 3 days—Excellent for Headache

Quinine in this form does not affect the head—Cascara is best Tonic Laxative—No Opium in Hill's

**ALL DRUGGISTS SELL IT**

## "YANKS" GOT THEIR COFFEE GENTLE JOLT FOR SWEENEY

Sergeant's Personal "Kick" to King George Brought About the Desired Change in Rations.

Sergeant Guyon of "B" troop, American forces in Germany, has the distinction of having his ration changed by direct orders from King George.

When the American army polo team from Coblenz was in England recently, Guyon had charge of the team at Aldershot. The king visited the polo team and was attracted by the ponies' blankets bearing the letters "A. F. G." He approached to inspect them and addressed Guyon.

"Well, how are you getting along in England?"

The British Tommies nearby standing rigidly at attention were petrified by Guyon's reply: "Oh, pretty well, king, but say, this tea we have for breakfast is fierce—can't you fix it up so we can have coffee?"

The king laughed and addressing one of his aides said: "Vee, to let these men have coffee hereafter."

And the Americans had coffee.

Who is the busiest man? Well, say from all appearances, a watchmaker is. Ever see one idle?

Thieves are bound to their professions by books of steel.

What is sure enough.

What is sure than amateur theatricals.

"Amateur paper-banking."

## A Ready-Cooked Food For Breakfast or Lunch

**Grape-Nuts**

Crisp granules of wheat and malted barley "sweet as a nut" from special processing and long baking

No need to sprinkle sugar on your cereal when you use Grape-Nuts

"There's a Reason"

## A Ready Secret for Women

A woman's fondest hope is to stay young. She often resorts to paints, powders and cosmetics to hide her years. Some women pay large sums to so-called "Beauty Doctors" in the belief that money will buy youth. Others wear girlish dresses, thinking they can fool the world about their age. But no one is deceived. The more you try to hide your age, the more it shows.

There is but one thing that holds old age back and that is health. Sickness and weakness bring old age early in life. Dr. Pierce's Favorite Prescription is a building-up medicine for women. It makes them healthy and strong when they suffer from women's troubles. It keeps them looking young by keeping them well. It is a woman's tonic for the frail, the delicate and those who are nervous, dizzy and who have backache and dragging pains. Favorite Prescription is altogether vegetable and without a particle of alcohol. It is safe to take. Try it now. In tablet or liquid form at all druggists, or send 10c for trial package of the tablets to Dr. Pierce's Invalids' Hotel in Buffalo, N. Y.

Take one or two at bedtime for quick relief.

They do the work without gripping.

**Dr. Tutt's Liver Pills**

FOR CONSTIPATION AND UPSET STOMACH.

For CROUP, COLDS, INFLUENZA & PNEUMONIA

Mothers should keep a jar of Bram's Vapo-Renee in their homes. When Croup, Influenza or Pneumonia attacks this delightful salve rubbed well into the throat, chest and under the arms will relieve the child, break congestions and produce refreshing sleep.

**BRAM'S VAPOR-RENE**

WILL NOT STAIN THE CLOTHES

35c. per jar. All drug stores or sent direct to Bram's Drug Co., N. Wilkesboro, N. C.







